

Public Health-Seattle & King County  
**Violence & Injury Prevention**  
 401 Fifth Avenue, Suite 900  
 Seattle, WA 98104-4041  
 206-263-8160

**Low Cost Bicycle Helmets and Other Bike Safety Programs (Updated May 2011 by Steve Sitcov, PLLC)**

Organization	Contact Information	Details
Auburn Regional Medical Center Plaza One, 202 N. Division Street Auburn, WA 98001	Chris McGrath 253-217-9632 Email: <a href="mailto:chris.mcgrath@uhsinc.com">chris.mcgrath@uhsinc.com</a> <a href="http://www.auburnregional.com/Community-Events/Safety-Education">http://www.auburnregional.com/Community-Events/Safety-Education</a>	\$5 , every third Saturday of the month, Noon – 1:30 p.m.  The fitting is free. Helmets are available for children as young as 12 months and for adults of all ages. Children must be present for fitting at time of sale.
Bellevue Police	425-452-2880	First 50 children receive a free helmet, after that helmets are available for \$9.00. This offer will take place at the Child Safety Fair, May 14, 2011, 11:00 – 3:00, <b>4055</b> Factoria Mall SE Bellevue, WA 98006.
Bike Works 3709 S Ferdinand St., Seattle, WA 98118	206-725-9408 Email: <a href="mailto:info@bikeworks.org">info@bikeworks.org</a> <a href="http://www.bikeworks.org">www.bikeworks.org</a>	\$15 and up; all sizes  They also have the program, “Earn-a-Bike”. Students 9-17 years old learn bike repair and upon course completion are given the bike- a helmet and lock are also provided. The fee for the course is sliding scale, pay what you can: \$5 / \$60 / \$90 / \$150 (scholarships available).
Bothell Fire Department 10726 Beardslee Boulevard Bothell, WA 98011	Lisa Allen & Kristen Clemens 425-486-1678 <a href="mailto:lisa.allen@ci.bothell.wa.us">lisa.allen@ci.bothell.wa.us</a>	\$10 helmets for children and adult s who are Bothell residents.
Cascade Bicycle Club 7400 Sand Point Way NE, Building #138 Seattle, WA 98115	206-957-4439 Email: <a href="mailto:cmpa@cascadebicycleclub.org">cmpa@cascadebicycleclub.org</a> <a href="http://cbcef.org/bike-helmet-sales.html">http://cbcef.org/bike-helmet-sales.html</a>	\$10 bike and multi-sports helmets available by appointment or at special summer events. For a listing of event locations and times please visit their website.

<p>Children's Hospital and Regional Medical Center</p> <p>4800 Sand Point Way NE, Seattle, WA 98105</p>	<p>206-987-2000</p> <p>866-987-2000</p> <p>Makesurethehelmetfits.org</p>	<p>Free bike helmet fittings and giveaways offered at 5 different events this year, visit their website for locations and dates.</p> <p>Their website also offers a "How To Fit Your Helmet" video, and downloadable helmet fitting instructions in English and Spanish.</p>
<p>Duvall Firefighters Association</p>	<p>425-222-5841</p>	<p>\$10 bike helmets for youth available during the annual Duvall City Festival, June 5, 2011.</p>
<p>Fall City Fire District #27</p> <p>4301 Southeast 43rd Street Fall City, Washington 98024</p>	<p>425-222-5841</p>	<p>\$8 bike helmets for youth.</p> <p>They will also work with schools to coordinate helmet fitting and safety programs.</p>
<p>Helmets R Us</p>	<p><a href="http://www.helmetsrus.net">www.helmetsrus.net</a></p> <p>253-627-2121</p>	<p>They offer bulk helmet orders, minimum order of 24, for groups and organizations. Prices start at \$3.65 - \$12.95 per helmet.</p>
<p>Injury Free Coalition for Kids of Seattle &amp; Harborview Injury Prevention &amp; Research Center</p> <p>325 9<sup>th</sup> Avenue, Seattle, WA 98104</p>	<p>Denise Gonzalez</p> <p>206-744-9457</p> <p>Injuryfree.org</p>	<p>Low cost children's helmets and fittings are offered three times a year at various community events, please visit their website for more information.</p>
<p>MultiCare Kent Clinic</p> <p>222 State Ave N., Kent, WA 98030</p>	<p>Deb Wills</p> <p>253-372-7729</p>	<p>\$7 bike helmets, \$10 multi-sport style helmets and \$15 ski helmets offered every Thursday from 3-5 p.m.</p> <p>They also provide \$14 life jackets or free life jacket loans.</p>
<p>Northshore Fire Dept.</p> <p>Lake Forest Park Station #57: 17020 Brookside Blvd. NE, Seattle, WA 98155</p>	<p>425-486-2784</p> <p><a href="http://www.northshorefire.com">www.northshorefire.com</a></p>	<p>\$7 bike helmets, \$8 multi-sport helmets and \$6 toddler helmets. Drop by during business hours to purchase.</p>
<p>Redmond Town Center Police- Fire Substation</p> <p>16321 NE 74<sup>th</sup> Street, Redmond, WA 98052</p>	<p>Nicole Rogers</p> <p>425-556-2692</p> <p>Redmond.gov/PublicSafety/Police/Operations/Substation/</p>	<p>\$10 bike helmets every Monday, Tuesday and Thursday- 11:00 —3:00. Every 1<sup>st</sup> and 3<sup>rd</sup> Saturday- 12:00 – 3:00.</p> <p>They also provide pedestrian and bike safety education on-site to school field trips.</p>

Renton Valley Medical Center	425-626-5577 <a href="http://www.valleymed.org/Our_Services/Rehabilitation_Services/Bicycle_Helmets.htm">http://www.valleymed.org/Our_Services/Rehabilitation_Services/Bicycle_Helmets.htm</a>	\$8 helmets and free fittings offered at 4 community events this year please visit their website for locations and dates.
South King Fire & Police	Kendra Kay 253-946-7247 <a href="http://www.southkingfire.org">www.southkingfire.org</a>	\$7 bike helmets for kids and adults provided at community events throughout the year. Please call or visit their website for event updates.
University of Washington, Hall Health Center 1100 NE Campus Parkway (Condon Hall Rm. #721), Seattle, WA 98105	Mark Shaw 206-616-8476	\$14 for helmets that fit ages 9 and up. \$15 multi-sports helmets for ages 10+ \$35 ski helmets for ages 10+ Please make an appointment to purchase a helmet. They also sell other safety-related bicycle accessories.
Valley Regional Fire Authority Station #31 1101 D St. NE, Auburn, WA 98002	425-483-2131 <a href="http://Vrfa.org">Vrfa.org</a>	\$5 bike helmets for youth available.